K-12 CYBER AWARENESS MONTH
2026

Think Safe. Share Safe. Stay Safe Together.

Communications Toolkit #4

DIGITAL MINDS

Smart & Responsible AI Use

Week of October 26-30, 2026

Digital Minds – Smart & Responsible AI Use focuses on helping students and families understand how Artificial Intelligence is shaping learning, communication, creativity, and everyday life. While AI can be a powerful tool for exploring ideas, solving problems, and supporting learning, it is important to recognize its limitations. This theme encourages people to think critically, verify information, protect their privacy, and use AI in ways that support human learning, judgment, and relationships. By developing AI literacy, students and families can use these emerging technologies safely, responsibly, and confidently.

Key Topics

- Understanding AI
- AI literacy
- Critical thinking
- Fact-checking
- AI and learning
- Privacy protection
- Human relationships and AI

www.k-12cyberawareon.ca/digital-minds

Videos

All videos are available at [www.k-12cyberawareon.ca/digital-minds.](www.k-12cyberawareon.ca/digital-minds)

AI & Learning: Learn how AI can support learning without replacing critical thinking, creativity, or personal effort.

AI Relationships: Explore why AI can sound human while still being unable to replace real people and genuine relationships.

AI & Truth: Understand why AI can sometimes be wrong and how to verify information using trusted sources.

Infographics

All infographics are available at [www.k-12cyberawareon.ca/digital-minds.](www.k-12cyberawareon.ca/digital-minds)

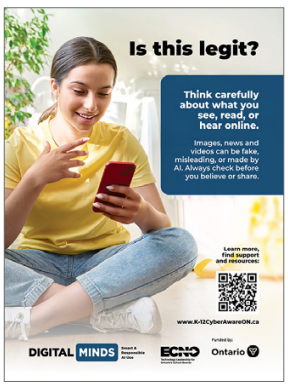
6 Tips for Learning with AI

Using AI? Remember These 5 Tips

Posters

All posters can be downloaded at www.k-12cyberawareon.ca/resources/

The following posters align well with this week's theme and can be displayed in schools, board offices, libraries, staff rooms, common spaces, and using digital signage.



Social Media Content

Boards are encouraged to share these posts directly, adapt them for local audiences, or schedule them alongside local communications activities.

Social Post #1

Artificial intelligence can be a powerful tool for brainstorming ideas, explaining concepts, and supporting learning.

Remember that learning also happens when we collaborate with others, ask questions, solve problems, and think critically.

AI works best when it helps us build understanding... not when it replaces our own thinking.

Discover practical tips for using AI responsibly at www.k-12cyberawareon.ca/digital-minds.

#K12CAM2026

Social Post #2

AI often presents information confidently, but that doesn't always mean it's accurate.

Before accepting an answer, ask yourself:

- Does it make sense?
- Can I verify it using a trusted source?
- Is there evidence to support the information?

Easy answers aren't always the right answers.

Check out this video on AI Truth and critical thinking: https://vimeo.com/1223751893?fl=pl&fe=sh

Explore more at www.k-12cyberawareon.ca/digital-minds.

#K12CAM2026

Social Post #3

Technology can support human connection, but it can never replace it.

AI conversations can feel surprisingly human, but it's important to remember that AI doesn't think, feel, or experience empathy.

Whether you're facing a challenge, celebrating a success, or working through difficult emotions, the people in your life are your best companions.

Learn more at www.k-12cyberawareon.ca/digital-minds.

#K12CAM2026

Family Conversation Starters

Consider incorporating these questions into newsletters, school communications, parent engagement activities, or classroom discussions:

- How is AI being used every day?
- How can we verify AI information?
- What information should never be entered into AI tools?
- When is it better to ask a trusted person for help?

Quick Ways to Participate This Week

- Share one or more social media posts.
- Feature a Digital Minds resource in a board or school newsletter.
- Display a Digital Minds poster on digital signage or in common areas.
- Share a family conversation starter with parents and caregivers.
- Highlight one Digital Minds video through staff or school communications.
- Link directly to the Digital Minds page from board and school websites.

Theme URL: www.k-12cyberawareon.ca/digital-minds

Campaign Website: www.k-12cyberawareon.ca

Follow & Share:

Developed by:

ECNO
Technology Leadership for Ontario's School Boards

Funded by:

Ontario

For more information: www.k-12cyberawareON.ca

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